

# Peer Navigators

*Peer Navigators are family members with lived experience with a disability and experience navigating complex systems of care.*

Successful Parenting – DC 's Peer Navigators will

- (1) Provide behavior-based instruction on needed parenting and life skills, and
- (2) Provide support services to parents and help families with intellectual disabilities navigate CFSA, DDA, and other systems of care as they identify and reach their goals.



A project of:

The Association for Successful Parenting  
[www.achancetoparent.org](http://www.achancetoparent.org)

DC Child and Family Services Agency  
[cfsa.dc.gov](http://cfsa.dc.gov)

DC Department on Disability Services  
[dds.dc.gov](http://dds.dc.gov)

DC Developmental Disabilities Council  
[ddc.dc.gov](http://ddc.dc.gov)

Successful Parenting - DC

Bernadette Irwin  
Program Manager  
410-292-1650  
[spdc46@comcast.net](mailto:spdc46@comcast.net)



Successful Parenting - DC

Thriving Families  
Strong Teams

# Thriving Families, Strong Teams

## Goals of Successful Parenting – DC:

1. Increase the safety and well-being of children living with parents who have an intellectual disability and to provide appropriate supports to families to ensure all are safe.
2. Decrease the rate of children entering the foster care system by increasing protective factors and parents' abilities to care for their children.



## Key Principles of Service

- Family-led teams
- Vibrant and responsive teams
- Strength-based and solution-focused approach
- Individualized service
- Community-based
- Support built on formal and informal support systems
- Focused on planning, family safety, crisis prevention, and support

## Successful Parenting – DC Will Help Families ...

- Feel safe, stable, and secure
- Have meaningful, life-long connections to family, identity, language, and their culture
- Have basic developmental and complex needs understood and met
- Have opportunities to achieve, contribute to their family and community
- Be strong, healthy, and thriving

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